

FOR OUR MEN

For Our Men is building an informal pilot national network for men in police behind a members-only access wall.

The reason for this members-only access is so that officers and staff feel able to speak freely about their wellbeing without potentially informing offenders around police practices or undermine the organisation to the public.

Who can join?

Like all formal associations on police, our network is open to all sexes and genders within the organisation but its focus will be on men's mental, emotional and physical health needs and life issues facing them.

The membership is open to currently serving (across Specials, Police and Detectives):

- Constables
- Sergeants
- Inspectors
- Those currently on long-term leave through sickness or investigation which hold one of the above ranks

Who is unable to join?

- Chief Inspector and above
- National Federation representatives (*local fed reps who hold the rank of Constable, Sergeant or Inspector may join*)
- Civilian police personnel
- Support staff
- Health professionals and academics
- Third party organisations and professionals
- Police Scotland and Police Service of Northern Ireland (*though we hope to include them shortly after seeing how the network runs for the UK*)

We appreciate that it is frustrating that we can't open the network to everyone simultaneously but the above ranks alone will potentially yield thousands of members and we need our pilot to be manageable so that we can build the best one possible!

How do I join?

Head to our [registration page](#) and sign up with a PPN email address.

It's that simple!

You will receive a confirmation email from us and you must click on the link included to activate your membership. **Please ensure you check your junk email folders!**

Fees and benefits

Membership to the men's network is currently free.

As a member you will get full access to first-hand accounts written by officers and staff, as well as interviews, educational articles and other media on the topic of men's health in policing.

As we develop we will look to place some educational resources such as webinars behind pay walls but costs will be kept as low as we can so that we can remain as accessible as possible for those possibly facing financial hardship.

Membership rules

Whilst we hope to remain as informal as possible, we do have rules that we ask you to follow:

Behaviours:

Whilst it should go without saying, there are going to be a wide range of views and thoughts expressed in the network and whilst we encourage healthy discussions between such differences, we won't tolerate abuse to our authors, interviewees or other professionals.

We particularly do not accept broad abuse targeted at our minority groups in policing i.e "women have it so easy in the organisation". Whilst we absolutely encourage amplifying men's voices in police, we don't do so to the detriment of others. It's ok to give everyone a voice!

If we hear of such abuse (or any other examples), you will get an initial warning to stop. If the abuse continues to that person (or others) including other members, you will receive a second warning. If the abuse persists we will contact you to advise that we will be revoking your membership with immediate effect.

Contact:

We will have a wide range of men and their experiences being represented through our network and whilst we encourage you to thank officers, staff or third party professionals directly for their articles and interviews, we ask that you refrain from sharing your personal stories with them without first seeking their permission.

You're welcome to thank them and say that you can relate to their words for example but our officers/staff are not trained medical professionals and therefore unable to offer advice. It can be very overwhelming and triggering, for example, for an officer discussing a suicide attempt to then receive several emails from officers discussing their attempts so please get their permission before sharing your story with them and don't feel offended if they decline.

What's your privacy policy?

We ask you not to include any personal information that you feel uncomfortable sharing in the 'public' domain of our network.

Your email address is used for access and communication only but we will not communicate personal, sensitive information to you via your email or send it on to third parties.

We will use your email address to anonymously collate data on how many sign ups we have per service i.e. 150 in 'X' police service which we hope will help us build a national picture in policing but we will not inform your service of your individual membership.

We have a general monthly newsletter that we send out to everyone which will also discreetly advise when there is new police content up and you may use a personal/private email address for this.